

# LIFE ESSENTIALS DAY SPA

## LIST OF SERVICES

### SPA PACKAGES (SAVE 10%)

EARTH PACKAGE – 90 min.....	\$200
60 min Balancing Massage + 30 min Reflexology	
WATER PACKAGE – 2 hrs .....	\$250
60 min Balancing Massage + 60 min Progenerate Facial	
ALPEN GLOW PACKAGE – 3.5 hrs.....	\$375
60 min Sugar Glow Scrub + 60 min Balancing Massage + 60 min Progenerate Facial	
FRIENDS FOREVER PACKAGE – 2.5 hrs per friend.....	\$560
60 min Hot Stone Massage + 60 min L.E. Signature Facial	
CBD HARMONY PACKAGE – 5 hrs .....	\$575
60 min Black Sesame Body Scrub + 90 min CBD Hot Stone Massage + 90 min CBD Anti Aging Facial + 30 min spa lunch	
COUPLES PACKAGE – 2 hrs.....	\$390
15 min Foot & Leg Scrub + 75 min Balancing Massage	

### HEAVENLY MASSAGES

#### SIGNATURE MASSAGES

Swedish – Balancing – Deep Tissue

60 Min. ....	\$135
75 Min.....	\$160
90 Min. ....	\$185

#### SPECIALTY MASSAGE

Hot Stone – Cupping – Cranial – Reflexology

60 Min. ....	\$145
75 Min.....	\$170
90 Min. ....	\$195

Ashiatsu – Shiatsu - Sport

60 Min. ....	\$155
75 Min.....	\$180
90 Min. ....	\$205

#### CBD MASSAGE

Standard massage oil over full body  
with 500 mg CBD oil used in areas of  
discomfort only

60 Min. ....	\$155
75 Min.....	\$180
90 Min. ....	\$205

#### ULTIMATE CBD MASSAGE

CBD oil used over the full body with 750mg  
CBD oil used in areas of discomfort

60 Min. ....	\$175
75 Min.....	\$200
90 Min. ....	\$225

#### PRE-NATAL MASSAGE

Must be 14+ weeks

60 Min. ....	\$145
75 Min.....	\$170
90 Min. ....	\$195

#### COUPLES MASSAGE

Swedish – Balancing – Deep Tissue

60 Min. ....	\$280
75 Min.....	\$330
90 Min. ....	\$380

#### OUTCALL MASSAGE

Call for availability and pricing

#### BIRTHDAY MASSAGE

Save \$20 on any 1-hour massage on the  
day of your birthday. Photo ID required.

### MASSAGE ADD-ONS

CBD .....	\$ 20	Hot Oil Scalp Treatment .....	\$ 25
(used in the areas of discomfort)		15 Min add-on.....	\$ 25
Ultimate CBD.....	\$ 40	Foot & Leg Scrub .....	\$40
(used over full body)		15 Min Sauna Treatment.....	\$15
Essential Oil .....	\$ 15		
(choose 1 of 5 100% pure therapeutic oils)			

## FABULOUS FACIALS

Refresher – 30 min.....	\$ 85	Resurfacing with Dermaplane –	
Progenerate – 60 min.....	\$145	75 min.....	\$195
Clarifying – 60 min.....	\$155	Age Defying with Light Therapy –	
CBD Harmony Facial – 60 min.....	\$155	75 min.....	\$225
LE Signature Facial & foot scrub –		CBD Ultimate Anti Aging Facial with	
75 min.....	\$165	Dermaplane – 90 min.....	\$275
Collagen Facial – 60 min .....	\$175	Oxygen Anti-Aging – 90 min.....	\$295
Illuminating – 60 min .....	\$175		

## FACIAL ADD-ONS

Galvanic Lip Treatment .....	\$ 25	Microdermabrasion .....	\$ 95
Oxygen Collagen Boost.....	\$ 65	Nano-Needling.....	\$250
Foot/Lower Leg Scrub .....	\$ 40	Paraffin Hand Treatment.....	\$ 15
Dermaplaning.....	\$ 85	Gold Collagen Mask.....	\$ 80
Galvanic Eye Treatment .....	\$ 25	(With Fruit Stem Cells pick a Push Up Vile or a	
Extra Extraction Time.....	\$ 25	Cell Repair Vile)	

## BODY TREATMENTS

60 Min Custom Sugar Scrub (Choose a scent).....	\$135
75 Min Body Cleanse.....	\$135
(30 Min Infrared Sauna Session + 30 Min Ion Foot Cleanse + mini foot and leg massage)	

## QUICK SERVICES

30 Min Upper Body (includes shoulders, upper back & neck) .....	\$ 85	30 Min Scrub/Paraffin Hand Treatment.....	\$ 40
30 Min Lower Body (Includes lower back legs & feet) .....	\$ 85	(Sugar scrub, paraffin hand treatment, mini hand & arm massage with Shea Butter)	
30 Min Massage Chair.....	\$ 45	45 Min ReflexoCure.....	\$105
30 Min Sauna Treatment.....	\$ 35	(Warm Epsom Salt foot soak, lower leg & foot scrub, Foot mask with reflexology from the knee down)	
45 Min Sauna Treatment.....	\$ 50		

## HAIR & MAKEUP

Bridal Trial Make Up.....	\$ 80	Bridal Party Make Up.....	\$ 85
Wedding Day Make Up.....	\$120	Flower Girl Under 12 .....	\$ 50
Trial Air Brush Make Up .....	\$100	Special Events Make Up.....	\$ 85
Wedding Day Air Brush Make Up .....	\$150	(will travel off site for wedding/ event - there is a travel fee for off site services.)	
False Eyelashes .....	\$ 15		
Updos .....	\$65+		

## EYELASHES & BROWS

Lash Tint.....	\$ 25	Full Set Lash Extensions.....	\$100/hr.
Brow Tint.....	\$ 25	(Natural Individual, Cluster, Mink Volume. Most full sets will take 2+ hours)	
Lash & Brow Tint.....	\$ 45		
Lash Fills.....	\$100/hr.		

## WAXING SERVICES

One Facial Area .....	\$ 25	Chest.....	\$65+
Two Facial Areas.....	\$ 40	Back.....	\$65+
Three Facial Areas .....	\$ 55	Under Arms.....	\$ 35
Half Arms .....	\$ 50	Bikini (and Beyond).....	\$45+
Full Arms .....	\$ 70	Brazilian.....	\$75+
Half Legs .....	\$ 75	Manzilian.....	\$100+
Full Legs .....	\$100		